

SOHAM TOWN FORUM



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If you wish to submit an article, advertise an event or place an advert within this publication and associated web site, please email: editor@sohamtf.co.uk

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THE PAPER CLIP



Local Focus...

Matthew Killick, Proprietor of Soham High Street shop, The Paper Clip, gives us an insight into his business, it's concerns and what the future holds.

What prompted me to start?

Well The Paper Clip was an idea I had had that run through my mind for a few years. Whether you are 2 years old or 102 everybody uses stationery at some point so the target market is 100%. I conducted a lot of market research and when the opportunity arose to have the old wine shop refurbished I jumped at the chance. Now one year on it has certainly been a roller coaster ride but I am loving every minute of it.

Why Soham?

Easy question to answer. Soham is where I was born, raised and educated. My family and friends are in Soham. I am passionate about the town. As you drive into the High Street and see a huge imposing church right in the middle of the town you realise what a great place it is. When we had that heavy snow

before christmas and most of the town was without electricity, I never saw the High Street so full with people wandering up and down meeting old friends and catching up, now that's community spirit, why would you want to be anywhere else! Soham has exciting times ahead and I'm glad to be in my shop at the start.

What response have I had?

An awful lot of my customers have commented how nice it is to actually have a new shop and not another take away. The age range is vast from toddlers to pensioners, who I'm always pleased to see and who quite often come in just to chat and see how I'm getting on, its great! I try to run



the shop the old fashioned way, it's not all about profit, its about good friendly customer service and satisfaction and also going the extra mile for my customers.

Other plans?

I have many other ideas for another shop in the town in the future, but I think it is best for

now to see what the Soham Vision Masterplan brings to the High Street for regeneration. As for The Paper Clip it's going from strength to strength with more and more businesses using me as a supplier. They recognise the huge savings to be made with my trade discounts and second to none customer service.

You've recently been voted as Vice chair for Soham Town Forum. What are your thoughts?

I am relishing the challenge, and supporting the chair 100%. The Town Forum has a very important role to fulfil within the community, its an excellent way of

every member of this town to give their viewpoint on what's happening within the town; to give their concerns or indeed praise. This is extremely welcome. I hope I can bring an added dimension to the table with a no nonsense approach and to be able to act on the public's behalf, councillors beware (*wink*).

What about the Future?

It's difficult to say what the future holds for me with the town about to go through such a huge transition but I hope I'm still trading and still fighting the residents corner as loudly and passionately as ever.



Matthew Killick
The Paper Clip
Soham High Street

You are invited to meet and greet
representatives for
South East Cambridgeshire
During Soham Town Forum
on **15th April** from **7.30pm**
at the **Pavilion**
All welcome

An online version can be found at: www.sohamtf.co.uk

A step closer

Ely Standard and Soham Town Council

The multi million pound upgrade of the rail network around Ely has moved a step closer still. The work could see the two loops being built east of Ely Railway Station by 2014. Network rail and Jacobs Engineering will work on plans for the scheme during 2010.

Andrew Munden, route director of network rail, said, "Rail can provide a cheaper, greener and more practical way of transporting freight compared with road. The investment we are planning in the East of England will ultimately take more than 2,000 lorry journeys off the road every day - that's around 750,000 a year by 2030.'

A feasibility study has also been carried out in Soham investigating the reopening of a railway station for the town. ECDC has applied for a 40,000 pound grant to fund a study.

The bid has been put to Cambridgeshire Horizons. This is a great step forward and follows a 20 year campaign to reinstate the Soham station.

'Business Start up' at all time high

Cambridge Evening News

A Business Link survey has revealed that the number of parents starting their own businesses in Cambridgeshire is at an all time high.

The results also highlighted that combining a family and running a business is realistic as half of respondents with children work full

time. Two thirds of respondents work from home whilst the most popular, third party child care, were revealed as asking a family member or child minder for help.

New Bridge taking the Lode

Newmarket Journal

Work on constructing a new bridge over Reach Lode has now begun under plans by The National Trust. The new crossing is part of a new 14.5km access route which will be called Lodes way and will link Wicken Fen, Anglesey Abbey and Bottisham.

Funded by a grant from sustainable transport charity Sustrans, the bridge has been designed to blend into the surrounding landscape with sloping ramps for walkers, cyclists and horse riders.

The excavation of clay to form two ramps will enable two wildlife ponds to be created.

It is hoped that work will be completed in three years. The Trust is developing this scheme as part of its Wicken Fen Vision project.

If you have a local news story, please email us at: editor@sohamtf.co.uk

FENG SHUI



Spring clean with a difference

Yes it's that time of year when you start to feel the urge to clean with a vengeance, well at least I do. It seems the only time of year when it is acceptable to waste so many good relaxing hours in the company of the latest cleaning products. This year however we can go beyond a splash of flash and Feng Shui our way into Summer.

Feng Shui, if you didn't know already, is an ancient discipline which has been used for centuries to correct the physical environment that we live in to balance energy and nourish and heal the soul.

One of it's principles is to let 'Chi' or good energy flow through your objects and home freely. The control of Ying and Yang is also important as they help your energy levels and keep you motivated. So enough of the science lets get on with the practical...

Technology heave-ho

Now Feng Shui doesn't say ditch the TV, exercise bike or computer, just remove them from spaces where you need calm and relaxation - the bedroom is an ideal place to start. All this equipment has a negative effect on you, your rest and even your sex life. I mean who wants to be thinking about that

last email or late night chat show when there are better things to do!

Airflow

Open windows whenever you can, fresh air is key and unless you live next to a waste dump, then there's nothing wrong with oxygen. Move about. Move furniture so it is easily approachable from both sides. Key pieces should be in commanding places. The best balance of Chi is when you are sitting diagonally farthest from the door.

A sense of colour

Balanced, calming colours give the best flow of energy, Neutral colours with an injection of warmth work best ie: chocolate and cream or taupe and raspberry even lime and white.

Picture this

Choose images that visualise what you want from life or ones that portray personal desires and aspirations. Family photos are always a good choice.

Closing down

Before you go to bed make sure all doors are closed, even wardrobes, this is the best way to allow the most nourishing energy to flow straight to you. After all it is your sanctuary.

THE JOURNEY CONTINUES

Featuring local boy Luke Johnston as young Arragorn



ACTORS AT WORK
PRODUCTIONS



BORN OF HOPE

THE RING OF BARAHIR

ACTORS AT WORK PRODUCTIONS PRESENTS

A CATE MADISON PRODUCTION DIRECTED BY WRITER AND HOSTESS CATE MADISON

CAST WITH ALEX E. ALBRIDGE DIRECTOR OF PHOTOGRAPHY NEILL PHILLIPS

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WHATS ON - EVENTS AND ACTIVITIES

An online version can be found at: www.sohamtf.co.uk

Gorillaz to headline

Headlining this years Secret Garden Party will be the multi- sense experience of the Gorillaz Sound System.

The theme for this years party will be Fact or Fiction. Inspiration can be taken from Heath Robinson, Escher and Dali or from authors and poets such as H G Wells, Lewis Carol and Coleridge. For scientists and inventors try Da Vinci or the Wright Brothers.

Tickets are on sale now priced at 142 pounds plus booking fee. This includes camping and parking. Teen tickets for 13 to 17 year olds will be 115 pounds plus booking fee. Under 13's will get in for free but still need to secure a ticket.

www.secretgardenparty.com

Denny Abbey (both events)

Just off the A10 from Waterbeach 4th and 5th April 10.30 to 5pm

Treasure trail, make an Easter egg cosey and cup to go with it. Weave some willow, make a fluffy bunny and more. Adults 5 pounds, Concessions 4 pounds and Children over five 3 pounds. Family tickets 15 pounds.

Conflict and Community: the lasting legacy of Waterbeach Barracks

1st to 23rd April

A chance to see an exhibition about Waterbeach barracks developed in conjunction with Waterbeach Primary School. The barracks museum and the Farmland museum. The exhibition features interviews held with veterans of the barracks.

Family Den Making day

*Wysing Arts Centre, Fox Road, Bourn, Cambs
12th April 12 noon to 4pm*

The afternoon on Easter Sunday will enable visitors to view the exhibition and to make their open dens around the site. Suitable for all ages. For more information call Helen Robinson On **01954 718881** or email: info@wysingartscentre.org

Pond Dipping

Saturday 10th April at RSPB Lakenheath Fen Nature Reserve - Visitors centre, 10am to 12 noon

3 pounds per child, half price for RSPB members and all accompanying adults and children under 4 are free. For more information contact: **01842 863400** or lakenheath@rspb.org.uk

Build a Nest

Tuesday 13th April at Fen Drayton Lakes, booking essential.2pm to 3.30pm.

Adults free, Children 2 pounds and Wild Explorers 1 pound. Telephone **01954 233260** or email: fendraytonlakes@rspb.org

Moonlit Walk

Wandlebury , Cambridge, 9pm to 10pm

Join the rangers on a guided walk around Wandlebury and see it as you've never seen it before. Please dress according to the weather and bring a torch if you wish. Booking is essential. It's free but donations are welcome.

Contact us or Head Ranger on **01223 243830**

If you would like to advertise your event or activity here, free of charge, then contact: editor@sohamtf.co.uk

All events are correct at time of publication. Please check nearer the time if event is still going ahead with parties concerned.

WHATS ON - EVENTS AND ACTIVITIES CONTINUED

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Travel back through time

7th April, 10am to 12.30pm. Wandlebury Stable rooms.

Track down evidence of the past around the site, then get messy making wattle and daub panels and celtic styled artefacts. Old clothes advised. Ages 7 to 12 9 pounds per child, any accompanying adults free. Booking is essential. Telephone: **01223 243830 Ext 201.**

Nature Safaris

14th April, 10am to 12.30pm

Meet at Wandlebury Stable rooms. Be a nature detective and track down the mini beats in our ponds. Ages 5 plus 6 pounds per child, adults free Booking is essential. Telephone: **01223 243830 Ext: 201** to book.

All events are correct at time of publication. Please check nearer the time if event is still going ahead with parties concerned.

Forth coming talks

History of the Fire Service Soham's Listed Buildings

Both at Soham Methodist Hall, Berry croft. Check website for more details

www.sohammuseum.org



www.ej-photos.co.uk

EASTER RECIPE



Orange and Espresso Mousse

Base

2 heaped teaspoons coffee granules
2 tablespoons hot water
3 egg yolks
100g 4oz plain chocolate, melted
3 egg whites
65g 2.5 oz caster sugar

Orange Mousse

300ml half pint double cream
4 tablespoons milk
Finely grated zest of an orange
150g 5oz white chocolate, chopped

Espresso Mousse

300ml half pint double cream
4 tablespoons milk
50g 2oz finely ground coffee
150g 5oz white chocolate, chopped
8 egg yolks
1 tablespoon caster sugar
2 tablespoons sour cream
1 tablespoon tia maria

Coffee Syrup

300ml half pint strong fresh or instant coffee
150g 5oz caster sugar
Splash of Tia Maria (optional)

Pre-heat oven to 180C/350F/Gas 4. Line base of a cake tin with greaseproof paper and lightly grease. Dissolve coffee granules in the hot water. Mix the egg yolks into the coffee, adding melted chocolate. Whisk egg whites and sugar to soft peaks and fold into the chocolate mix.

Pour into the cake tin and bake for 10-12 minutes until firm. Then cool.

To make orange mousse, pour half double cream, milk and zest into saucepan and bring to boil. Remove add chopped chocolate and stir until melted. Whisk egg yolks and sugar together to a thick ribbon. Add chocolate and orange mix and cook in a bowl over simmering water until thick cream consistency. Pass through a sieve and whisk until cool. Whisk remaining double cream, the sour cream and half a teaspoon or orange zest with grand mariner to a soft peak. Fold into cooled mix. The mousse can now be spooned on top of base and frozen. While orange mousse is freezing make espresso mouse.

Pour half cream, milk and ground coffee into saucepan and bring to boil. Remove and add chopped white chocolate. Whisk egg yolks and sugar to a thick ribbon. Add chocolate and coffee cream mix and cook in bowl over simmering water until a thick cream. Sieve and whisk as before. Whisk remaining double cream, sour cream and Tia Maria to soft peak and fold into cooled coffee mix. This can now be spooned on top of orange mousse. Return to freezer until completely set.

For coffee syrup, put coffee and sugar in pan bring to boil. Cook until reduced to half, allow to cool. Add a splash of Tia Maria. Spoon onto mousse. Put into fridge. Take out 15 to 20mins before needed, cut into portions and serve.

CONTRIBUTORS

Soham Town Forum

Features

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Elizabeth Johnston

Photographs

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Disclaimer: All information, dates and events are correct at time of publication. We do not accept responsibility for any changes made there after.



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